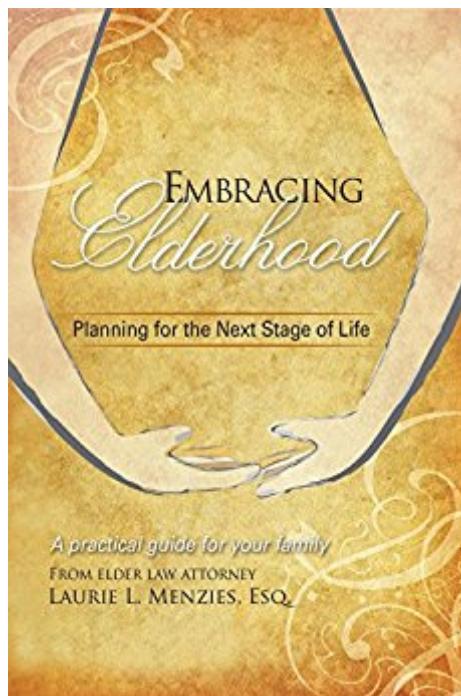


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# Embracing Elderhood: Planning For The Next Stage Of Life



## **Synopsis**

Finally! A practical guide to walk you through the process of planning for a longer life. Using her years of experience as an Elder Law and Estate Planning attorney, and the personal lessons she learned walking her own parents through this process, Laurie Menzies explains, in practical terms, the best way to plan for this stage of life. You may be asking questions like: "Who will care for me?", "Where will I live?" and "Will I have enough money?" Unfortunately, many families either ignore the need for planning, only to "stumble through" a fragmented, confusing system that often leaves them overwhelmed and without enough information to make good choices. Most families do not have a clear picture of how their finances will be managed when they need to pay for long-term care. Nor do they have a clear understanding of the progression of care, or where to how it can be accessed. By reading this book, you will learn: 

- the legal documents you will use to protect and distribute your assets
- how to best organize your assets to plan for long-term care costs
- what are the various levels of care and how to pay for them
- why every plan must consider your legal, financial and long-term care needs

Finally, there is one book that can help you make sense of it all. *Embracing Elderhood: Planning for the Next Stage of Life* brings together the essential information in an integrated, coordinated approach to help you navigate the legal, financial and long-term care needs of your loved ones. The first and only comprehensive guide, *Embracing Elderhood: Planning for the Next Stage of Life* is a MUST READ for aging parents and their families!

## **Book Information**

File Size: 5792 KB

Print Length: 196 pages

Publisher: Embracing Elderhood Press; 1 edition (November 1, 2014)

Publication Date: November 1, 2014

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00P30RIPM

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #938,940 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #87 in Books > Law > Family Law > Elder Law #228 in Kindle Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Aging Parents > Eldercare #313 in Kindle Store > Kindle eBooks > Law > Taxation

## Customer Reviews

Absolutely outstanding book! I am a gerontologist and after reading this I am recommending it to my peers, other professionals and of course, the seniors I work with. It is well written, well documented, a pleasant read, and the information is so important to the MANY baby boomers still in denial about what is coming!

A very readable and informative book for anyone approaching the senior years. I heard this author speak and since then have given this book to friends who are getting ready to retire or have older parents to care for. Definitely a good investment.

This a wonderful book for anyone dealing with people approaching elder age. Very informative easy to read and presented with compassion with great understanding of a difficult subject. I will continue to recommend this book for any with aging relatives.

Laurie Menzies gives you a lot to consider, and offers sound solutions. Highly recommended.

gave this to my mom & mother in law, hopefully it helps

Every one needs this information

Packed with a lot of good information regarding elder law and estate planning. Not only for the elderly, but those who may become incapacitated at any time in life, and in need of government assistance.

I have been trying to navigate our incredibly complicated eldercare system for two months now, following the fall that my 87-year-old father-in-law took while standing in line in the bank. After that, it has been in and out of the hospital and rehab for him accompanied by the ups and downs of worsening dementia. My sense of urgency

intensified on Friday when he fell again and this time broke his hip. Saturday night, desperate for immediate guidance, I purchased the kindle version of Laurie Menzies' book on Embracing Elderhood and read it all in one sitting. I didn't concentrate much on the sections that deal with planning for my own future, but believe me, I will return to those sections as soon as I can resurface from our current emergency, which has certainly exposed me to the reality of the terrifying and overwhelming maze that confronts those who have not adequately arranged for this type of crisis. Menzies' book is a godsend. Other stuff that you try to read out there is either bafflingly complex or frustratingly short on the facts needed to understand the relevant legal and financial issues. Embracing Elderhood seems to me to be unique in that it is written by a woman who, as an experienced eldercare attorney, can crystallize the essentials of what you need to know to understand the system, and who also, as a daughter who has gone through this with her own parent, can discuss and relate to the feelings and inner struggles involved when one has to face difficult decisions regarding one's parents. Both the clear writing style and the infusion of warmth derived from loving experience made it a lot easier to digest and to relate to the information presented here. At the same time, the book was inspirational in framing the situation with sympathy, insight, and even humor. Reading this book thus helps provide emotional as well as factual clarity regarding the puzzling and heart-wrenching soul searching and sacrifice involved in dealing with a parent in decline.

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